

ADDICTION TREATMENT CENTERS

Unity Place Access Center - Comprehensive addiction services for chemical, gambling, Internet, video gaming, food, sex & compulsive spending as well as chronic pain w/addiction. Outpatient counseling and treatment services are available for adults and adolescents.
www.addictionrecov.org 888-311-0321

Help.org A community organization dedicated to empowering people suffering from substance abuse. www.help.org

BENEFITS ACCESS (formerly Circuit Breaker)

Illinois Department on Aging's Benefits Access Program

Seniors Free Transit Ride, Persons with Disabilities Free Transit Ride and Secretary of State License Plate Discount
800-252-2918, 800-206-1327 (TTY) www.cbrx.il.gov

CAREGIVER

Alzheimer's Association. 800-272-3900 www.alz.org/illinois

Caregiver Support Program

Help for the caregiver, caring for older adults. 800-252-8966, 888-206-1327 (TTY)
<https://www2.illinois.gov/aging/CommunityServices/caregiver>
Eldercare Locator - Services and programs 1-800-677-1116
www.eldercare.gov

CHILD CARE

Child Care Assistance Program (CCAP)

www.dhs.state.il.us/page.aspx?item=29720

Child Care Assistance Program (Eligibility Calculator)

www.dhs.state.il.us/applications/ChildCareEligCalc/eligcalc.html

Community Child Care Connection (CCCC) 800-676-2805

Child Care Resource and Referral agency www.4childcare.org

Safe Families for Children www.safe-families.org/ 953-1141

DISABILITY

Human Rights Authority (HRA) Investigates rights violations committed against individuals with disabilities by disability providers.
Phone 785-1540

<https://www2.illinois.gov/sites/gac/HRA/Pages/default.aspx>

EDUCATION (ADULT)

Federal Reserve Education - Lesson Plans on Various Topics

Federal Reserve System www.federalreserveeducation.org

Federal Deposit Insurance Corp. - www.fdic.gov

Money Smart Education Program and Deposit Insurance Calculators

Land of Lincoln Workforce Alliance (WIOA).... 524-5996

Funding for Job Training (Dislocated Workers OR Low Income)

<https://worknet20.org/>

Lincoln Land Community College 786-2349 www.llcc.edu/adulted

Lincoln Land Community College 786-2200 www.llcc.edu

The University of Illinois Cooperative Extension offers continuing education credits. 217-782-4617 <http://web.extension.illinois.edu>

Computer Classes

•Springfield Urban League (217) 789-0830 www.springfieldul.org

•GCF Global (Goodwill Community Foundation, Inc.)

On line help with Microsoft Office products www.gcflearnfree.org

Computer Banc 1545 N 11th 528-9506 www.computerbanc.org

ELDER ABUSE

To report suspected abuse, exploitation or neglect of an older adult,

866-800-1409, 1-888-206-1327 (TTY)

<https://www2.illinois.gov/aging/CommunityServices/Pages/default.aspx>

EMPLOYMENT

Land of Lincoln Workforce Alliance Job search Assistance/

WIOA funding for Job Training (Dislocated Workers OR Low

Income) <https://worknet20.org/> 524-5996

EMPLOYMENT (Continued)

Senior Community Service Employment Program

It fosters and promotes part-time community service opportunities.

800-252-8966, 888-206-1327 (TTY) www.agingline.org

FINANCIAL ASSISTANCE

Basic Checking Accounts (65 or older) Illinois banks and savings & loans are required by law to offer basic accounts to 65 and older who request one. Contact the II Dept. of Fin. & Prof. Regulation, Div. of Banking 217-785-2900, 866-325-4949 (TTY) www.idfpr.com

• Aid to Aged, Blind, and Disabled (AABD) helps those who need money 65 yrs or older, blind, or disabled. A US citizen living in Illinois may be eligible if they receive (SSI) or are ineligible for SSI due to income. www.dhs.state.il.us/page.aspx?item=30370

• Earned Income Tax Credit (EITC) If you qualify, reduce your taxes/get a bigger refund www.dhs.state.il.us/page.aspx?item=29719

• General Assistance (GA) program provides money and limited medical care to US citizens and some non-citizens who do not qualify For other cash programs. www.dhs.state.il.us/page.aspx?

• Temporary Assistance for Needy Families (TANF) helps pregnant women and families w/children to pay for food, shelter, utilities, clothing and other expenses for limited time. (Benefits provided on the II Link Card) www.dhs.state.il.us/page.aspx?item=30358

For TANF apply at www.dhs.state.il.us/page.aspx?item=33698

Credit Counseling & Financial Literacy Classes

• Springfield Urban League (217) 789-0830 www.springfieldul.org

Credit Reporting

• Free annual credit report under the Fair Credit Reporting Act.

www.annualcreditreport.com

*Equifax: 800-685-1111 www.equifax.com

*Experian: 888-297-3742 www.experian.com

*TransUnion: 800-888-4213 www.transunion.com

Estate Planning

• U.S. Financial Literacy & Education Com. www.mymoney.gov

• Money Matters, U.S. Administration on Aging www.aoa.gov

• FAQs, Amer. Bar Assc. www.abanet.org/rppt/public/home.html

• Taking Ownership of the Future, U.S. Financial Literacy and Education Commission www.treasury.gov/resource-center/financial-education/Pages/commission-index.aspx

Identity Theft (Fair Credit Reporting Act)

File an identity theft complaint with the Federal Trade Commission,

877-382-4357, 866-653-4261 (TTY) www.ftc.gov/bcp/index.shtml

Illinois State Treasurer – Featured Programs www.treasurer.il.gov

Independent Community Bankers of America www.icba.org/

Life Events www.mymoney.gov

Birth or Adoption, College, Loss of a Job, Homeownership

Lifeline and Link-Up

Helps low-income households obtain local telephone services.

Contact local telephone company or visit www.linkupillinois.org

TAX ASSISTANCE PROGRAMS

• Help prepare returns, refund inquires answers to questions about bills and IRS correspondence call the Problems Resolution Office at 800-829-1040 www.irs.gov/localcontacts/index.html

• Illinois Dept of Revenue 800-732-8866, 800-544-5304 (TDD)

www.tax.illinois.gov

• TCE Tax Counseling for the Elderly offers free tax help to

individuals age 60 or older. AARP Aide 888-687-2277 www.aarp.org/

• Tax credits available to qualified older adults and their caregivers.

800-829-3676, 800-829-4059 (TTY) www.irs.gov/

• Volunteer Income Tax Assistance Program(VITA) 800-829-1040

www.vita.byu.edu/

TAX ASSISTANCE PROGRAMS (Continued)

Tax Relief and Incentive Programs

• General Homestead, Homestead Improvement, Senior Citizens Homestead, Disabled Persons' and Disabled Veteran's Homestead Exemptions www.tax.illinois.gov

• Senior Citizens Real Estate Tax Deferral Program 880-732-8866, 800 544-5304 (TTY) or 217-782-3336 www.tax.illinois.gov

FOOD

Earnfare helps adults without dependants receive Food Stamps.

This volunteering program gives opportunity to gain valuable work experience, earn cash assistance, and become self-sufficient.

www.dhs.state.il.us/page.aspx?item=31772

Emergency Food

Resources include US Department of Agriculture (USDA) commodities and other donated foods at food pantries across the state. To find a food pantry, soup kitchen, or homeless shelter in your area, visit

www.illinoisfoodbanks.org

Food Bank Finder

Locate the Feeding America food bank that serves your local community <http://www.feedingamerica.org/find-your-local-foodbank/>

Food Stamps

Help for low-income people and families to buy food for good health.

800-843-6154, www.dhs.state.il.us/page.aspx?item=33698

Nutrition and Wellness

<https://www.isbe.net/Pages/Nutrition-and-Wellness.aspx>

WIC – Women, Infants, and Children Program to help low to middle income pregnant women, new mothers, and children under 5 years old buy healthy foods. www.dhs.state.il.us/page.aspx?module=12

GRANDPARENTS RAISING GRANDCHILDREN PROGRAM

Grandparents Raising Grandchildren works to locate assist and promote awareness of older caregivers who are currently raising their family's children. 800-252-8966, 888-206-1327. (TTY).

www.dhs.state.il.us/

Mini O'Beirne Crisis Nursery “Emergency child care”

(Birth through age 6) 217-525-6800 www.miniobeirne.org

GUARDIANSHIP

Office of State Guardianship serves as “guardianship of last resort” for individuals with disabilities when no other persons are available.

866-274-8023, 866-333-3362 (TTY) www.gac.state.il.us

HEALTH CARE

All Kids Complete health insurance for children 18 years of age and younger. 866-255-5437, 1-877-204-1012 (TTY) www.allkids.com

Comprehensive Health Insurance Program (CHIP)

CHIP Provides access to health insurance coverage to eligible Illinois residents who are denied major medical coverage due to a pre-existing condition or disability. 800-962-8384 www.chip.state.il.us

EyeCare America (For medical eye care)877-887-6327

www.eyecareamerica.org

Family Care Illinois

Health insurance for parents and certain caretaker relatives living with children 18 or younger. 866-255-5437

<http://ehealthinsurance.com/illinois-health-insurance/government-health-assistance/familycare/>

Health Benefits for Workers with Disabilities (HBWD) Program

II residents 16 through 64 who have disability and are employed can purchase med benefits through Health Benefits for Workers with

Disabilities (HBWD) www.hbwdillinois.com

Health Care Bureau

The Health Care Bureau responds to problems related to health care insurance plans. 877-305-5145, 800-964-3013 (TTY)

www.ag.state.il.us/consumers/healthcare.html

Health Support Products

•Daily Living Aids adapt to assist people with physical disabilities to perform daily tasks. Call Illinois Assistive Technology Program

217-522-7985, 800-852-5110 (TTY) www.itech.org/

•Durable Medical Equipment provides therapeutic benefits for certain medical conditions or illnesses. www.agingline.org

HIV/AIDS – sexually transmitted diseases (STD)

•AIDS Drug Assistance Program (ADAP) 800-825-3518

•Illinois Cares Rx AIDS Drug Assistance...Call HIV/AIDS and STD

Hot Line 800-243-2437 www.idph.state.il.us/health/aids/adap.htm.

Home Care Ombudsman Program (HCO)..... 800-252-8966
<https://www2.illinois.gov/aging/ProtectionAdvocacy/LTCOmbudsman/Pages/The-Home-Care-Ombudsman-Program.aspx>

HOSPICE

Hospice cares for terminally ill patients to manage pain and other symptoms but doesn't cure the illness. 217/788-4663

<https://www.memorialhomeservices.com/>

Illinois Rx Buying Club www.illinoisrxbuyingclub.com

Helps save an avg of 24% on prescription drugs. 866-215-3463

Medical Assistance

•Apply for state Medical Card and Medical Savings Program.

www.dhs.state.il.us click on “for customers”

•Medicare Part D – Social Security Administration www.ssa.gov

MEDICAID – Spousal Impoverishment

Allows a couple to divide their assets when one spouse needs Medicaid payment for nursing facility care or Community Care Program

800-252-8966, 888-206-1327 (TTY)

[www.medicaid.gov/medicaid/eligibility/spousal-](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

[impoverishment/index.html](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

MEDICARE Benefits

For information on Medicare benefits

800-633-4227, 877-486-2048 (TTY) www.medicare.gov

Planned Parenthood

•Program offers counseling and medical assistance.

•Parent Help Line at www.plannedparenthood.org/illinois/

Prescription drug assistance and information

Illinois Benefits will provide answers and guidance to help you decide which drug benefits are best for your needs. www.illinoisbenefits.org/

Senior Health Assistance Program (SHAP)

This is a directory of agencies, organizations and support groups serving Illinois seniors and their caregivers. 800-252-8966

www.state.il.us/aging/1directory/directory-main.htm

Senior Health Insurance Program (SHIP)

To locate a site near you, 800-252-8966, 888-206-1327 (TTY)

<http://www.illinois.gov/aging/ship>

•Illinois Cares Rx provides state prescription drug assistance to people with and without Medicare. www.illinoiscaresrx.com/

Supplemental Security Programs

•Social Security Disability Income

Benefits paid to workers who cannot work due to illness or impairment.

•Social Security Retirement Benefits

Benefits based on a person's lifetime earnings.

•Social Security Income (SSI)

SSI is designed to help individuals age 65 or older, blind or disabled, who have little or no income. 800-772-1213 or visit www.ssa.gov

HOUSING

Assisted Living Facilities (ALFs)

Alternatives to nursing homes for older adults who are at risk if living alone but do not require nursing care.

www.idph.state.il.us/healthca/assisted_living_list.htm

HOUSING (Continued)

Community Care Program

The Community Care Program helps older adults remain in their own homes who might otherwise need nursing home care 800-252-8966, 888-206-1327 (TTY). www.state.il.us/aging

Foreclosure Counseling

Springfield Urban League (217) 789-0830 www.springfieldul.org

Homeless Prevention Program

Helps keep individuals and families in homes, shortens time they spend in shelters, and assists in securing affordable housing. www.dhs.state.il.us/page.aspx?item=33132

Homeowners

- Homeowners Protection Act - Housing counseling, to qualify for additional 30-day grace period on foreclosure to work out payment plan or refinance options. For counseling agencies contact the IDFPF at 888-473-4858 www.idfpr.com/

- Mortgage Relief Project

Program to help lower mortgage payments and avoid foreclosure. This program travels throughout State of Illinois, providing free housing counseling and information to avoid mortgage scams.-800-532-8785 <http://www.idfpr.com/>

Homebuyer Education

Springfield Urban League (217) 789-0830 www.springfieldul.org

Home repair:

Habitat for Humanity (217)523-2710 www.habitatsangamon.com

Home repair fraud:

- The Attorney General investigates consumer fraud and crimes against the elderly. Advises to watch out for:

- *door-to-door sales people

- *solicitations for repair work from a company providing only a telephone number or Post office box number

- *sales people or contractors who offer to inspect your home free or to sign a contract with blank spaces 800-243-0618, 877-844-5461 (TTY) www.ag.state.il.us/consumers/index.html

Mortgage Assistance Illinois Hardest Hit Program website www.illinoishardesthit.org (or contact Springfield Housing Authority) 753-5757 Ext. 209

Nursing Facilities (SKILLED)

- Nursing homes provide care to individuals needing 24-hr nursing care without being in a hospital. 800-252-8966

888-206-1327 (TTY) <http://dph.illinois.gov/topics-services/health-care-regulation/nursing-homes>

Nursing Home Complaint

Central Complaint Registry to record and investigate complaints regarding hospitals, nursing facilities, home health agencies, and treatment of patients. 800-252-4343, 800-547-0466 (TTY)

<http://dph.illinois.gov/topics-services/health-care-regulation/complaints>

Residents Rights In Nursing Facilities

Protects advocates, promotes, and investigates long term care facilities. www.state.il.us/aging/

Resolve Residents Complaints

Made by or on behalf of resident www.state.il.us/aging/

Reverse Mortgage (Counselors and Lenders)

For information or to locate a counselor contact the Dept on Aging Senior Help Line at 800-252-8966, 888-206-1327 (TTY)

Or visit the Housing and Urban Development (HUD) Web site:

www.hud.gov/buying/rvrsmort.cfm

Senior Housing (subsidized)

Housing /Urban Development www.hud.gov/groups/seniors.cfm

Rural Housing Service www.rurdev.usda.gov/il

Illinois Housing Development Authority (IHDA) 312-836-5200 312-836-5222 (TTY) www.ihda.org/

Springfield Supportive Living 522-8843

2034 E. Clear Lake Ave www.springfieldsupportiveliving.com

Supportive Living Facilities www.slfillinois.com

Alternative to nursing home care for low-income older adults and persons with disabilities under Medicaid. 217 524-7245

Supportive Housing Prgrms www.dhs.state.il.us/page.aspx?module=12

- Alcohol and substance abuse counseling and mental health programs helping to prevent people from becoming homeless.

ILLINOIS AREA AGENCIES ON AGING

Illinois Dept on Aging serves older adults, their caregivers and grandparents raising grandchildren. 800-252-8966, 888-206-1327 (TTY) www.state.il.us/aging/2aaa/aaa-main.htm

ILLINOIS DEPARTMENT OF HUMAN SERVICES

State's lead agency serves individuals with disabilities.

800-843-6154, 800-447-6404 (TTY)

www.dhs.state.il.us/page.aspx?item=26897

ILLINOIS RELAY SERVICE

Illinois Relay Service allows people who are deaf, hard of hearing or voice impaired and use a teletypewriter (TTY), or who are deaf blind and use a Telebraille, to communicate with people who use a standard phone. For information, 800-841-6167 www.itactty.org

ILLINOIS STATE LIBRARY

Talking Book & Braille Service (TBBS). For those unable to read regular print. Provides free braille & audiobooks & playback equip. 800-426-0709 www.ilbph.org.

ILLINOIS RESCUE AND RESTORE COALITION

Rescue and Restore is coalition between Illinois Department of Human Services (DHS) and federal government to combat labor and sex trafficking in IL.

<http://www.dhs.state.il.us/page.aspx?item=55459&newssidebar=27897>

LEGAL ASSISTANCE

Represents older adults in civil cases, estate planning and preparation of living wills and durable power of attorney forms. 800-252-8966, 888-206-1327 (TTY) www.state.il.us/

LEGAL SERVICES

ADVANCE DIRECTIVES

- Durable Power of Attorney for Health Care
- Durable Power of Attorney for Property
- Living Will

800-252-8966, 888-206-1327 (TTY)

www.state.il.us/aging/1abuselegal/legal_adv-directives.htm

LEISURE AND RECREATION

Camping Discount www.roadscholar.org

Elderhostel not-for-profit offering short-term academic experiences for people over 55. 800-454-5768

Hunting and Fishing Licenses (Reduced-Rate)

217-782-2965 (Springfield) www.dnr.illinois.gov

National Parks' American the Beautiful Senior Pass

888-275-8747 Ext 3 www.nps.gov

Senior Centers www.state.il.us/aging/1athome/sr-centers.htm

MAIL FRAUD

U.S. Postal Inspectors investigate any crime in which the U.S. Mail is used to further a scheme either by mail, telephone or on the Web. <https://postalinspectors.uspis.gov/>

RAILROAD RETIREMENT

Pension payments for former railroad empls and their surviving spouses

. 877-772-5772, 312-751-4701(TTY) www.rrb.gov/field/field.asp

SANGAMON COUNTY CHILD ADVOCACY CENTER (CAC)

Investigation of child sexual abuse cases. (217) 522-2241

800-252-5400 <http://cacjctx.org>.

SANGAMON COUNTY DEPT OF COMMUNITY RESOURCES

Sangamon County Department of Community Resources (SCCR).

SCCR provides human services to Sangamon County residents living at the lower social and economic margins. (217) 535-3120.

<http://co.sangamon.il.us/>

SOCIAL SERVICES RESOURCE HOTLINE

www.referweb.net/Path/ 211 (Just dial 211) Social Services Hotline

SUICIDE PREVENTION

National Youth Suicide Hotline 800-621-4000
Suicide Prevention Services 800-273-8255 (talk)

www.suicidepreventionlifeline.org

Memorial Behavioral Health Counseling Associates – Suicide & Crisis Services www.MemorialBehavioralHealth.org

THE THRIFT SHOPPER

Online source for thrift store listings. Locate stores in your area.

www.TheThriftShopper.Com

TRANSPORTATION

Driver Safety Information – Free Rules of the Road Review course.

For a schedule call 217-528-4035, 888-261-5238 (TTY)

www.cyberdriveillinois.com

Refresher course for over 50 www.aarp.org/families/driver_safety

Life Line Pilots (Free Flights in Midwest for Medical Needs)

www.lifelinepilots.org 800-822-7972

Medical Transportation and Escort www.aginglinc.org

People with Disabilities Ride Free www.cbrx.il.gov

Reduced Bus Fairs and Discounts www.aginglinc.org

Seniors Ride Free 800-252-8966, 888-206-1327

Senior Transport www.aginglinc.org

Angel Flight Central Arranges free flights for people all ages in need throughout the Midwest. 866-569-9464. www.angelflightcentral.org

VETERANS CARE PROGRAM

Provides comprehensive, affordable healthcare to Illinois uninsured veterans age 19 through 64. 877-483-8779, 217-524-4645 (TTY)

www.illinoisveteranscare.com

VETERANS, WOMEN, SENIORS AND DISABLED

Health Benefits for Workers with Disabilities

Working individuals with a disability pay a low monthly premium and receive full medical benefits. 800-226-0768 www.hbwdillinois.com

Illinois Assistive Technology Program promotes independent living through technology for people with disabilities. Offers low cost loans to purchase devices, a demo center to try devices, device loans, device

reutilization and evaluation and training. 217-522-7985. www.iltech.org

Illinois Breast /Cervical Cancer Prgm free mammograms, breast exams, pelvic exams/Pap tests, with treatment to all uninsured IL women 35-64

regardless of income. 888-522-1282 www.cancerscreening.illinois.gov

Illinois Health Women covers family planning/birth control for Illinois women 19-44. 800-226-0768 www.illinoishealthywomen.com

Illinois Warrior Assistance Program. Assistance to Illinois Veterans as they transition back to their lives after serving our country.

866-554-4927 www.illinoiswarrior.com

VOLUNTEER PROGRAMS

Foster Grandparent Program (FGP) Senior volunteers link up with disadvantaged youngsters. <http://www.state.il.us/aging/1intergen/fgp.htm>

Get Connected Volunteer Opportunités – United Way of Illinois

<http://volunteer.springfieldunitedway.org/>

VOLUNTEER PROGRAMS Continued)

Illinois Long-Term Care Ombudsman Volunteer

The program seeks volunteers to visit long-term care facilities to help residents resolve complaints. 800-252-8966, 888-206-1327 (TTY) www.state.il.us/aging/1abuselegal/ombuds_volunteer.htm

Retired and Senior Volunteer Program (RSVP)

The program matches community needs with people willing to help. Individuals age 55 and older utilize their skills and experiences to help their communities. 800-252-8966, 1-888-206-1327 (TTY)

www.seniorcorps.org

OTHER RESOURCES

Grounds of Grace (Human trafficking).....314-472-5942
Services in human trafficking that include programs, training, education, awareness and survivor services.

www.groundsofgrace.com

Sangamon County Department of Public Health www.scdph.org

2833 South Grand Avenue East 535-3100

WEBSITE DIRECTORY OF RESOURCES FOR SANGAMON COUNTY

SANGAMON COUNTY DEPARTMENT OF COMMUNITY RESOURCES

2833 South Grand Avenue East
SPRINGFIELD, IL 62703

PHONE: 217-535-3120

FAX: 217-535-3119

<http://co.sangamon.il.us/departments/a-c/community-resources>

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